



## ANNUAL REPORT 2020/2021



JAGARAN NEPAL

ANAMNAGAR, KATHMANDU



## Message from the Chairperson



The whole world is going through the Covid 19 and its consequences. It has badly hit all the aspects of life around the world and a large number of people have succumbed to it. Nepal has been going through different phases of lockdowns and restriction orders for more than one and half years. At present due to the surge of coronavirus the Ministry of Health of Nepal has been warning people for a probable third wave. The period of confinement of lives within homes not only has affected the socio economic condition of the country but also education, tourism, aviation and the physical, mental, emotional and social health of people increasing domestic violence and suicidal cases. Despite this situation, Jagaran Nepal still remains active, mobilizes its team and moves as per the situation physically and virtually for women empowerment and their rights.

So far the women's right is concerned, just before the Covid 19 even, due to the prevailing patriarchal system and practices, despite the huge social and political changes in Nepal, women are still deprived of many opportunities and rights and still they are fighting against inequality and discrimination. Moreover, women are lagging behind due to lack of education. On top of this, the Covid 19 has created a bigger gulf between the haves and have nots, leaving the marginalized women quite behind. On this ground there needs to be a proper plan to uplift the condition of the women at the three stages of Government to step further for equal opportunities, social, economic and political equality. To make women aware, especially from marginalized communities, Jagaran Nepal in partnership with local organizations, civil societies, stakeholders and international organizations wants to work for women and youth, developing leadership. However, the Covid 19 has disturbed the continuous pace and Jagaran Nepal from its level has taken a situational lead as per the need, virtually as well as physically with activities such as Covid 19 Awareness, Mental Health Awareness, Counseling, Digital Literacy and Security, Awareness against Domestic violence, Disaster Relief Package, Climate Change, Its impact and Justice etc. As we have been working on women's issues after the Covid we have additional challenges to address. In my view, now and the post Covid period, these are some areas that NGOs need to focus on to uplift the women's situation:



- Covid awareness program and WHO health protocol as well as wash program
- Access to Mental health & Counseling ( For instance Patan Hospital has started telemedicine from the Psychiatric Department at free of cost every Monday and the same way other local hospitals and health posts can start)
- Access to health check up especially to underprivileged communities
- Campaign against the domestic violence
- Access to Vaccine for all
- Access to Internet especially to students if online class continues
- Literacy, Digital Literacy Program and Digital Security
- Access to local government for loan and support
- Skill and leadership development programs
- (Green) Climate Justice
- Awareness on Gender Equality
- Women and youth's involvement in income generating activities etc.
- Youth encouragement activities for their leadership and skill improvement to make them stay in the country

Along with this, as I have been working in education as the Founder/Principal for 32 years and already engaged in Jagaran Nepal for a long time from the beginning only I used to think that if we could work with the school children making them aware on gender equality in long term vertically we could create a gender balanced society. In this connection, thus, we need to make the children aware of the prevailing practices from the school level only. This is the reason Jagaran Nepal, after the first phase of lockdown, has reached different schools in ward no 29 and conducted an Inter-School Art Competition marking International Women's Day of the year 2021. So, to develop school children's leadership and to let them practice gender balanced activities Jagaran Nepal wants to work with the Local government and the other organizations on Children Awareness Activities(CAP), a special project designed by Jagaran Nepal for school children, in the days ahead.

In addition to this Jagaran Nepal, willing to work with some youth led organizations thinking the youth, women and the other vulnerable people need to be focused in this changing context of Covid, has forwarded some proposals to international partners to work on Covid Gender Response Activities during the Covid and in Covid Recovery Nepal. I wish Jagaran Nepal would get better chances to work in collaboration with national and international partners in future.

In short, the Jagaran Nepal team with pride internalizes the women and youth's empowerment movement and continues its endeavor. In connection to the efforts of Jagaran Nepal, it has been continuously educating women/youth with the following:

Core values

- Social / Gender Justice and Inclusion
- Respect to community values
- Gender Equality
- Do no harm

Thematic Areas



- Women's equal participation in politics. Decision making and good governance.
- Contemporary Issues (Disaster. Food security and climate change).
- Women's access to and control over economic resources.
- Violence against women and girls.

On the whole, despite the Covid 19 and the consequences, whatever the achievement of Jagaran Nepal has made is possible due to the hard working and committed team. Thanks and Congratulations to the entire team!

I, in conclusion, on behalf of Jagaran Nepal , would like to sincerely thank all the national / international organizations, the local Government, political parties and their sister wings, media, development partners, human right activists , all the targeted women, Jagaran Nepal Board Members, Advisors and staff for their consistent support and coordination.

Our journey is a continuous educating process and we are always together.

Together we can!

Thanks!

Samjhana Pokharel

Chairperson

19 August 2021



## From the Founder/Chairperson & Technical Advisor's Desk

### Multiple Effects of Global Pandemic to Community Especially to Women.



This COVID Pandemic started almost two years ago across the globe. In the starting phase people were so scared that it was still going on, but slowly people are trying to come back to the normal situation forcefully. It is compelling to be back from this kind of situation too. It has affected every level of society, whether rich or poor. But the effect is definitely different among them. Because COVID has hampered the different dimensions of the society, socioEconomic and physical as well mentally. Particular people who are from poor countries are more vulnerable or cannot easily put effort, this kind of damage. These kinds of countries most of the people are not economically secure and guarantee their job, so they are mostly working on a daily basis or going abroad for labor work. In this situation, if the world has some lucky people I cannot move and cannot work to earn enough to feed day to day. It's clear that it is so difficult for them to survive. Once their family members are not earning its impact on all the family in multiple chain education to the children feeding to elderly people, the basic needs of the family are many more. The Global Pandemic and vaccines are other important issues. If any country could not manage the vaccine from the people's vaccination perspective it will not fulfill the people's rights. So it is a matter of people's health as well Human rights. But We know how hard we have struggled for the vaccine, especially in poor countries, though rich countries are also suffering until the innovation of vaccines. The difference is access to the vaccine. As people in many poor countries have died because of not getting vaccines at the right time, We can see in second time most of the people in developed

countries are not losing their people. In this Regards We need policies and programmes for people's vaccination. Where the only rich and powerful people will get easy access to vaccines, Therefore its big effect of COVID in people's lives. Likewise, mental health is another Big issue. This kind of Pandemic generally will come to society in urgency, People have no time to compromise themselves and develop the mindset properly. So many people cannot survive this kind of Pandemic where people even losing their dearest and nearest in front of them and the severe effect of socio economic damnation, In this many people are going to be under depression this is the global trend, Therefore many people especially women and marginalized are mostly victims of depression and mental health, Here we can see the women are facing the multiple burden of work load As well research has shown even sexual valance are facing because of



Gender stereotypes of workload and patriarchal norms of the society. Again its various effects are especially to women and marginalized community in our kind society, Research even shown the increasing negative trend and gap of gender justice issues.

Finally, some important suggestions.

- Every respective Government has to strengthen their capacity to fight against this kind of Pandemic in different phases ( Relief , Rescue, and Rehabilitation)
- Everyone has to have access to vaccines easily without any power politics with the perspective of people vaccination.
- More awareness is built up against the COVID related activities.
- To address more gender justice issues in relation to this kind of Pandemic.
- Need to do short term research as fact finding, and implement the programme according to.
- To conduct Lots of psychosocial counseling programmes in the community and be an effective person.
- Need to address gender-based violence even inside the household.
- To implement the livelihood programme in the community in the short term and long term phase.
- CSOs need to play an important role in making the respective governments and concerned stakeholders.
- To generate more employment inside the country targeting the youth, again this should cover the gender gap.

Thank you



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## SECTION ONE : AN INTRODUCTION OF JAGARAN NEPAL

### 1.1 Jagaran Nepal Organizational Profile

Envisioning ‘a just and peaceful society with gender equality’ Jagaran Nepal (JN) was established in 2002 AD as a not-for-profit non-governmental organization (NGO) in Kathmandu District Administration Office (DAO) under Organization Registration Act- 2034 BS. Since the beginning, JN has been advocating for women’s access to decision making in the political, social and economic sphere of the community.

Within a short period of time, Jagaran Nepal has established itself as a leading organization working in the sector of women’s equal participation in decision making, politics and the governance system of every structure of community and the state. It has introduced and almost established the agenda- *Women in Politics*- in the country which has been expanded and adopted by various organizations these days. Organization has continuously supported and advocated for human rights, social protection, establishment of democratic practices, etc. It has implemented different programs associated with women rights, peace and governance particularly ‘voter education programs in KARNALI Zone’, ‘conflict affected and potential women leaders empowerment programs’, ‘women’s economic empowerment’, ‘women’s skills as well as leadership development program through RESOURCE CENTERS, women’s reproductive health, girl child education, violence against women and girls and other contemporary issues such as food security, climate change, sustainable development goals (SDG), and disaster. Moreover, Jagaran Nepal has now proposed a new slogan, “महिला तथा यूवा सहभागिता, दिगो विकासमा हाम्रो भूमिका” as it has now expanded its thematic areas with the introduction of Children Awareness Program (CAP) to specifically work with public/community school students for gender based issues.

Based on the above mentioned issues, along with renewed energy and experience, JN will continuously be engaged for the protection and promotion of women’s social, political, economic and cultural rights.

#### 1.1.2 Vision

- A Just and Peaceful Society with Gender Equality

#### 1.1.3 Mission

- Promote Women’s Equal Participation in Decision Making, Politics and Governance System of all structure of community and the state

#### 1.1.4 Goal

- Contribute to establish a good, capable and effective women’s leadership in the decision making, politics and governance system of community and the state

#### 1.1.5 Objectives

- Transfer skills, knowledge and information among local, provincial and national stakeholders, political parties and communities





- Create an enabling environment for women’s equal participation in all structure of community and the state including political and public sphere
- Facilitate and provide necessary support to enhance the leadership of existing and potential women leaders
- Eliminate discrimination and violence against women and children through women’s increased ‘access to’ and ‘control over’ the financial resources
- Work on to address and mitigate the negative impacts of disaster, climate change, food security and other contemporary issues on women and girls
- Conduct research and constantly monitor to strengthen accountability for women’s equal participation

#### 1.1.6 Core Values

- Social/Gender Justice and Inclusion
- Transparency
- Respect for Community Values
- Human Rights and Democratic Norms
- Gender Equality
- Neutrality
- Do no harm
- Zero Tolerance to Violence against

#### 1.1.7 Working Strategies

- Evidence Based Lobby and Advocacy
- Capacity Building
- Men Engagement for Gender Equality
- Research and Knowledge/Skill Transfer
- Institutional Development
- Develop common understanding on women’s equal participation
- Coordination and collaboration with political parties, government and non-government/private sectors for women equal participation
- Social Mobilization

Programs carried out under following theme by Jagaran Nepal

1. Children Awareness Program (CAP) Gender based issues within the Public/Community school.
2. Violence Against Women (VAW)
3. Women Leadership development with the special focus on cooperative along with/women entrepreneurship and skill development.
4. Disaster and Climate justice focus on Youth and women.
5. Contemporary Issues (COVID, Mental Health and Psychosocial Counseling, Relief Distribution.
6. Advocacy



### 1.1.8 Partners:

Jagaran Nepal for more than a decade has been working with many international and national organizations and networks at the grassroots level as well as in the Asia Pacific Region and around the globe for economic, social and cultural empowerment of women. Been working for approximately two decades, Jagaran Nepal has been working with the Global Fund for WOMEN in Bhaktapur, Kathmandu and IMADR in Achham, Dadeldhura district respectively since two years ago. JN has also been actively working in districts such as Dolakha and Sindhupalchowk for disaster risk reduction and emergency response during disasters. JN, also working among adolescents and youth, has been carrying out numerous School activities under the project “Children Awareness Program (CAP)” via collaboration with local governments in Kathmandu, Bhaktapur and Lalitpur districts.

Along with the partnership, JN has another strong pillar – the field office of Biratnagar that carries out activities in the Eastern Region of Nepal through active mobilization and participation of local people to carry out developmental activities in the community. The JN field office has been continuously working since 15 years till now by partnering with local bodies, CSOs, International networks and communities all over the nation. All these years Jagaran Nepal has been working on various issues with our partners with the prime objective of women and girls leadership and education.

### 1.2 Networking and Collaboration

National	International
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|---|---|
| <ul style="list-style-type: none"><li>• NGO Federation of Nepal</li><li>• Shanti Malika</li><li>• Alliance Against Trafficking of Women and Girls in Nepal (AATWIN)</li><li>• Women in Policy Advocacy Alliance (WIPAA)</li><li>• Women Security Pressure Group (WSPG)</li><li>• Men Engage Alliance</li><li>• Right to Food (RtF) Network</li><li>• National Women Rights Monitoring Network</li><li>• Human Rights Treaty Monitoring Coordination Committee (HRTMCC)-CEDAW Sub-committee</li><li>• Human Rights Alliance</li><li>• National Disaster Management Network of Nepal (DiMaNN)</li><li>• Women Friendly Disaster Management (WFDM)</li><li>• Women's NGO Federation Nepal ( WNFN) (in progress)<ul style="list-style-type: none"><li>• Disaster Action Group (DAG)</li></ul></li></ul> | <ul style="list-style-type: none"><li>• Synergos Fellow Award Program</li><li>• JUBLIEE South Asia Pacific Movement on Democracy and Development (JSAPMDD)</li><li>• International Movement Against All Forms of Discrimination and Racism (IMADR)</li><li>• South Asian Alliance for Poverty Eradication (SAAPE)- Core Committee Member</li><li>• Association of Women in Development (AWID)</li><li>• Asia Pacific Forum on Women, Law and Development (APWLD)</li><li>• International Women and Peace Group (IWPG)</li></ul> |
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## SECTION TWO: MAJOR ACTIVITIES

### 2..1 Children Awareness Program (CAP) Gender based issues within the Public/Community school.

#### 1. Art Competition

Jagaran Nepal has recently been organizing a Children Awareness Program(CAP) among school students with the vision of ensuring a better society for schools and students in the future through gender balanced practice. JN has been working on various women empowerment programs focusing on adolescents and youth communities for twenty years via raising the voice of women against equal rights and entitlements as well as sexual violence; empowering Adolescents and Young People; and Organizing orientation and training programs. As the youth and adolescents of the present are the strong pillars of tomorrow, the organization has identified the powerful human resources within educational institutions to ensure equal rights and freedoms for women in the coming days and near future. The mission of the CAP program is to help promote children with child awareness programs in various schools in collaboration with school teachers, parents, students, stakeholders, civil society organizations and the local government.



**Figure 1: Pictures from Art Competition**

Jagaran Nepal jointly organized “Inter School Art Competition” under the Project “Child Awareness Program (CAP)” on March 26, 2021. In the context of this year's International Working Women's Day, JN jointly organized a secondary level Art competition in schools with SMC Federation Nepal, Padmakanya Resource Center Dillibazar and Rotary Club of Dillibazar, Kathmandu under the national slogan "Women's Safety, Respect and Employment: Base of Prosperous Nepal" i.e. “महिला सुरक्षा, सम्मान र रोजगार: समृद्ध नेपाल को आधार”, among 9 schools under Padmakanya Dilli Bazaar Resource Center. Flourishing with healthy competition, they expressed the issues they have seen and experienced in society through art. The program focused



on celebrating the theme of International Women’s Day by fostering the ideas, thoughts, opinions and understanding of children in the school setting in order to empower and strengthen women and girls in any situation. As art is one of the powerful tools to vocalize one’s opinion, it enabled children to express the strength of Women’s day.

Therefore, we awarded 5 best students from the competition with the cash prize of Rs. 5,000 to First, Rs. 4,000 to Second, Rs. 3,000 to Third, and Rs. 2,000 each to two consolation winners. Along with this, we provided Rs. 200 to all 36 participants as a reimbursement for their materials used during the competition. The program was financially supported by Rotary Club of Dillibazar, Kathmandu as well. Therefore to invest more quality in the field of young girls and women, JN has been tying up with new and local networks and institutions for the effective delivery of women human rights in every aspect as much as possible. Moreover, the names of participating schools are Padmakanya School, Tyoda Secondary School, Durbar High School, Shaheed Sukra School, Mahankal Secondary School, Mahabauddha,

## 2. Sexual and Reproductive Health (SRHR) Program



**Figure 2: Students of Bhanodaya Basic School participating in pad making training**

Under the activity of SRHR, JN partnered with 2030 Youth Force in Nepal and Nepal Health Corps to organize in order to conduct a year-long project in the government school of Mahalaxmi Municipality, Lalitpur. Two days orientation, workshop and training program was conducted in Bhanodaya Basic School, Mahalaxmistan Lalitpur focusing on topics such as menstruation, menstrual hygiene management, taboos followed during this time, myths and facts related to menstruation, importance of nutritious food , sustainable development goals and reusable pad making training. The entire program was carried out with the full participation of both boys and girls from grade 4 to 6 so that they would gain knowledge and learn to maintain



the hygiene during the menstruation and would continue the school as well as support their friends.

## 2.2 Violence Against Women (VAW)

### 1. Campaign against Chhaupadi

**Chaupadhi Pratha is an Extreme form of gender based discrimination against Women & Girls**  
**(Upholding Rights of Minorities beyond Borders - South Asia (URMB))**



**Figure 3: Facilitator interacting with Survivors from Survivor Forum**

Under the project Upholding rights of Minorities beyond borders – South Asia UTBM, Jagaran Nepal is also working to eliminate the harmful practice, so called chaupadhi as extreme form of violence against women.

Jagaran Nepal is also currently working for the elimination of harmful ill practices prevalent in Nepali society in the far western region of five districts Achcham, Bajhang, Dadeldhura, Doti and Bajura. As per Jagran Nepal's fact-finding through field visit, data collection & verification and target group discussion & orientation with different stakeholder like Student, local political and social leader, women's group, local religious leader and government authorities as well, we consider that this practice is extreme religious factor, where the religious leader are playing vital role for institutionalization of Chhaupadi issue in Nepali society. It seems that, this practice is an extreme discrimination against women and girls. To eliminate this kind of harm-full practices in society, different kinds of awareness programs should be designed. To control, illuminate and



contribute to this issue, Jagaran Nepal has been developing different kinds of awareness campaigns.

For 2020 JN selected to in addressing ‘internal religious conservatism’, in relation to developing its activity plans for identifying the need to develop strong strategies to address the violence and indignity women experience as a result the blind, non-justifiable, illogical, irrational customary practices, widely practiced and adopted in the name of religion. The practice of “Chhaupadi” is the best illustration of internal religious extremism. This extremism has meant that despite regular and continuous effort by the government this cultural practice has not been eradicated as the people do not accept the teaching and refuse to give up the practice. Therefore 2020 was devoted to launching campaigns for awareness raising, training based on fact finding missions to areas of the Far western Region where Chhaupadi practices exist. Most of the activities under the year 2020 such as digital security, launch of national campaign, trainings, workshops and interactions were carried out through virtual platform i.e. zoom application.

To eliminate and reduce such extreme form of violence, Jagaran Nepal is always committed to work on affected groups and continue to advocate on Women Human Rights in the context of different time period according to the situation of violence against women.

## 2. Case Study of Seema Bhujel

### *Young survivor leading the generation towards equity and women rights*

Seema Bhujel – Gender transformative case



**Figure 4: Picture of a women with her child, taken during field visit in Achham**

Seema Bhujel is a teenager aged 16 years. She is one of the young chhaupadi survivors from Achham District, Far Western Region of Nepal. Seema as a survivor had to face many restrictions as mentioned above which include menstrual practices such as menstrual exile, isolation from society and community during the menstrual period, deprived of nutritious food and proper care.



After the orientation and training from Jagaran Nepal under the project UMRB - South Asia, Seema has been able to expand her horizon of knowledge and information along with her leadership capacity. This change can be truly acknowledged as a Gender transformation case from one of our many survivors who is able to drive the community against the religious extremism of chhaupadi custom in a very short period of time.

Some of the initiatives she has been carrying in her society are as follows:

1. Working with women human rights activists in order to advocate against ill chhaupadi customs.
2. Providing knowledge to adolescent groups on proper knowledge regarding menstruation through an interaction program in the local community.
3. Advocating against child marriage in her family as well as among her peer groups.
4. Seeking mentorship from Jagaran Nepal at times to take initiative at the local level.
5. Participating in various community programs and vocalizing about the problems being faced as a chhaupadi survivor.
6. Conducting continuous awareness at the community level across people of every age group including local and regional representatives.

Seema is working in local community fighting against chhaupadi norms but also against the early and illegal child marriage. As she has been one of the susceptible victim of child marriage as well, she is continuously raising her voice for her rights. Seema along with her peer groups are also experimenting on her family members by hiding her menstrual period and observing whether or not any bad luck occurs in their household. She has also been spreading her voice regarding the observation carried out and awaring women and girls along with senior citizens and faith healers to spread their voce towards positive results.

### 2.3 Women Leadership development with the special focus on cooperative.along with/women entrepreneurship and skill development.

1. Women leadership Development/ Capacity Building Program in two cooperatives at province one Biratnagar.





**Figure 5: Group photo taken with the members of cooperatives, Jagaran Mahila Srot Kendra and Digo Bikas Institute after the leadership development program**

JN has now reinvented the module of women's leadership and participation by building awareness and leadership with the focus on women-led cooperatives at the local level. It has already started this module on 2 cooperatives of Morang Districts.

## 2. Local women leaders developments programme

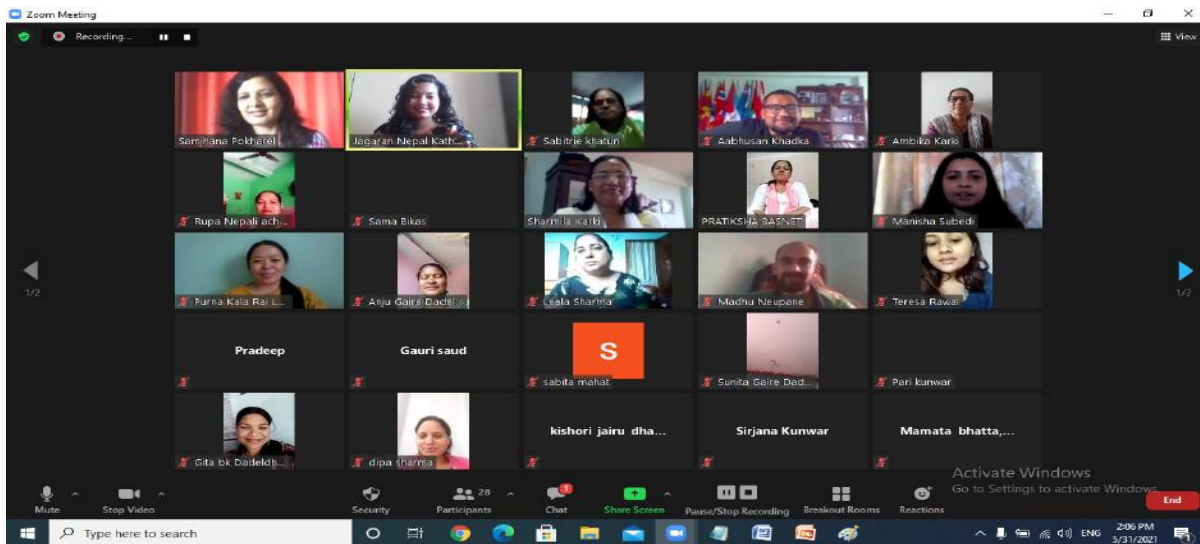


**Figure 6: Vice Chairperson of Jagaran Nepal Meena Bista conducting a capacity Development Program at local level during the COVID-19**



We can proudly say that the organization has gained fame all over the country for a long time by working for the development of women leadership, especially in politics. Now Jagaran has developed many grass root base organizations among them Jagaran Women Resource Center in Biratnagar is one of the active local level organizations, whom Jagaran Nepal had supported from the beginning. This program was organized by Jagaran resource center Biratnagar for local women leaders capacity building during the COVID-19.

### 3. Digital security training for capacity building of Jagaran Members.



**Figure 7: Digital Security program conducted via zoom**

The Digital Security Training Program will be held on November 21, 2020 and 31 in May 2021. The digital security training was organized specifically to members of Jagaran Nepal along with other human rights defenders, local people from project areas to achieve the knowledge required for the security of the data. The training highlighted key topics such as digital threats, security, its history, data breaching and privacy, data breaches cases in Nepal, process of system hacking, types of hackers and Privacy Act in Nepal. The participants from this training learned about data security and security methods; Participants were aware of the need for safety of data; And was fruitful in relation to the security reference of training. Participants were able to learn about the data safety and security methods; need to safeguard data; and thus training became fruitful with regards to the context on virtual training and safeguard of data.

### 2.4 Disaster and Climate justice focus on Youth and women.

#### 1. Relief Distribution



**Figure 8: Distribution of relief materials to disaster victims of Sindhupalchowk District.**

Jagaran Nepal is a core member of the Women Friendly Disaster Management Group (WFDM). WFDM has carried out several programs which include Activities of Women Friendly Disaster Network (WFDM) during the disaster. The WFDM visited Sindhupalchowk District and conducted an effective relief distribution program by the network to the women survivors of flood and landslide victims in Melamchi municipality ward no 6, 10, 11 and 12. Relief for women's specific needs.

## 2. Sharing programmes for national level organizations

Conceptual clarity program on climate change and its impact on women and youth was conducted with Digo Bikas Institute through Zoom. On 28th June, 2021 Digo Bikas Institute and Jagaran Nepal jointly organized a workshop on the climate finance and Green Climate Fund (GCF) for various women-run cooperatives and community based organizations currently working on the grassroots climate movement in Nepal. The workshop included presentations orienting the organizations about the GCF, and specifically how smaller grassroots organizations can access it. Lidy Nacpil from the [Asia People's Movement for Debt and Development \(APMDD\)](#), and former CSO - Active Observer for the GCF and Claire Miranda from the APMDD shared details on climate finance and GCF. The workshop also highlighted how the GCF is a reparations tool for the climate debt that the global north has created for the global south. Moreover, since climate finance and the institutions that are involved in it, can seem complex and inaccessible for a number of smaller institutions working on the issue of climate change, the workshop gave an overview of the history, structure, key features and gaps of the current system of climate change financing through GCF.

### 2.5 Contemporary Issues



### 2.5.1 COVID-19 Awareness

Awareness raising program on COVID-19 and Women Issues in Chhaupadi affected Districts. JN has carried out this activity in its two working districts, Achham and Dadeldhura. The activity is coordinated under the leadership of Ms. Pashupati Kunwar on Distribution of COVID-19 relief materials in Chhaupadi working areas of the Upholding Rights of Minorities Beyond Borders (URMB) project, Achham, Nepal. Pashupati Kunwar, task force member of project- Upholding Rights of Minorities beyond Borders and Ms. Anju Gaire, board member of Jagaran Nepal in Achham and Dadeldhura respectively. The one day activity was conducted with two different agendas impacting women's lives, i.e. raising awareness on COVID19 issues and ways to protect against it via appropriate preventive measures and counseling on issues of women groups. The activity was carried out targeting 1000 young girls and women who are at increasing risk of degrading mental health condition due to stress, violence and discrimination, lack of awareness and education. The activity was carried out solely targeting the local female leaders of the districts so that they could reach at least 500 women and young girls, mostly affected by chhaupadi custom and marginalization.



**Figure 9: Women's Friendly COVID-19 kit distribution along with the masks**

Jagaran Nepal conducted relief distribution activities during the pandemic which are mentioned as below:

A. Relief materials Distribution in Kathmandu on 11<sup>th</sup> and 12<sup>th</sup> May 2020

Jagaran Nepal distributed relief materials to the needy people of Kathmandu District targeting 3 areas i.e. Ghattekulo, Anamnagar and New Plaza were distributed. Relief materials were distributed to 55 needy people, considering those who used to survive on the basis of their daily wages.

B. Relief Distribution on COVID-19 in Achham



Jagaran Nepal distributed COVID-19 Women's Kit to 500 marginalized women belonging from Chhaupadi affected areas in Achham on 27<sup>th</sup> June, 2020.

### C. Relief Distribution on COVID-19 in Dadeldhura

Jagaran Nepal distributed 1000 masks to the marginalized and deprived women in Dadeldhura belonging to the chhaupadi affected areas in the district.

### 2.5.2 Mental Health Awareness



**Figure 10: Psychiatrist Dr. Bigya Shah giving presentation on mental health and COVID**

JN conducted a psycho social counseling program by highlighting the key issues of people during and before the time of the pandemic. The topics covered during the presentation on mental health were a brief introduction, epidemiology, stress, causes, symptoms and common mental health problems.

## 2.6 Advocacy

### 2.6.1 National Advocacy/Lobby

Jagaran Nepal has been part of continuous advocacy and lobby, awareness raising program, pressurizing concerned authorities with collaboration of Network, federation and respective groups of people is the core issue of Jagaran Nepal. Apart from forming networks, JN is getting involved in lobbying, advocacy and visits to different political parties, conducting national dialogue on issues of women's participation and leadership, developing different IEC materials and circulating to almost 40 districts of Nepal by raising awareness among people about the



importance of women's political participation and leadership. However, in the year 2020-21 the physical presence is almost not possible but Jagaran team is getting involved in different virtual programs as well, sometimes physical too.

In addition to this, Jagaran Nepal has also been continuously advocating through social media by posting news and pictures. Social media mobilization is done through Jagaran Nepal's website, Blog (Campaign against chhaupadi) and Facebook page.

a. International Women's Day

Jagaran Nepal (JN) celebrated 111<sup>th</sup> International Women's Day by participating in the National Level Program organized by the Government of Nepal in Rastriya Sabha Griha. The slogan of the 111th International Women's Day was “महिला सुरक्षा, सम्मान र रोजगार ःसमृद्ध नेपाल को आधार”. Also, JN organized an art competition among nine schools of Padmakanya Dilli Bazaar Resource Center under the above-mentioned slogan. The program focused on celebrating the theme of International Women's Day by fostering the ideas, thoughts, opinions and understanding of children in the school setting in order to empower and strengthen women and girls amid any situation.

b. Lobby meeting with Prime Minister for gender friendly disaster policy.



**Figure 11: Group photo of WFDM members with chairperson of Janta Samajwadi Party Mr. Upendra Yadav**

Jagaran Nepal, as a member of the Women Friendly Disaster Management Group (WFDM), participated in the advocacy appeal for inclusive participation and appointment of women in all structures of government. The advocacy was jointly done by three women networks Integration Feminist Forum, WHDRRP and WFDM. The appeal was handed over to Prime Minister Mr. Sher Bahadur Deuba on 10th August, 2021 at Balwatar. PM Deuba has expressed his commitment and that the appeal will be seriously taken. The appeal is also intended to be submitted to all the political parties. The first submission was made to the chairperson of Janta Samajwadi Party Mr. Upendra Yadav on 12th August, 2021. Mr. Yadav expressed his



commitment in lobbying with the government for inclusive participation of women in different government structures and also within his non-political party.

### 3. Virtual Interaction of Beyond Beijing Committee (BBC)

Beyond Beijing Committee had organized a virtual interaction provided on the topic Women and Covid 19 Impact to collect the problem faced by the women during the Covid the lockdown. Chairperson Samjhana Pokharel and the Vice Chairperson Meena Bista from Jagaran Nepal had taken part and expressed their views. Women especially from marginalized communities are deprived of all social, economic and political accesses before the covid while due to the Covid and consequences they have been facing additional problems like mental, physical, emotional health problems, domestic violence, unwanted pregnancy, children's additional burden as there is no physical schools and more domestic loaded affairs etc. Such kind of interaction definitely helps to find out the women's problems and their solutions with strategic plans.

### 4. Proposed national level network - Women's NGO Federation Nepal (WNFN)



**Figure 12: Group Photo from the meeting of WNFN**

Women from the different NGOs have come together and have decided to create a national level space to address women's issues. The proposed Women's NGO Federation Nepal comprises 27 NGOs working on different women issues. Jagaran Nepal is one of them and the Chairperson is the representative to attend the registration process. The registration process requires the names of three members from each organization and the names of Chairperson, the Secretary and the treasurer Samjhana Pokharel, Shushila Shrestha and Leela Sharma respectively have been approved by the board meeting and have been sent. Soon in the near future we find WNFN in Nepal forking for women-led NGOs on women's issues. Jagaran Nepal extends its best wishes for the successful commencement of WNFN.

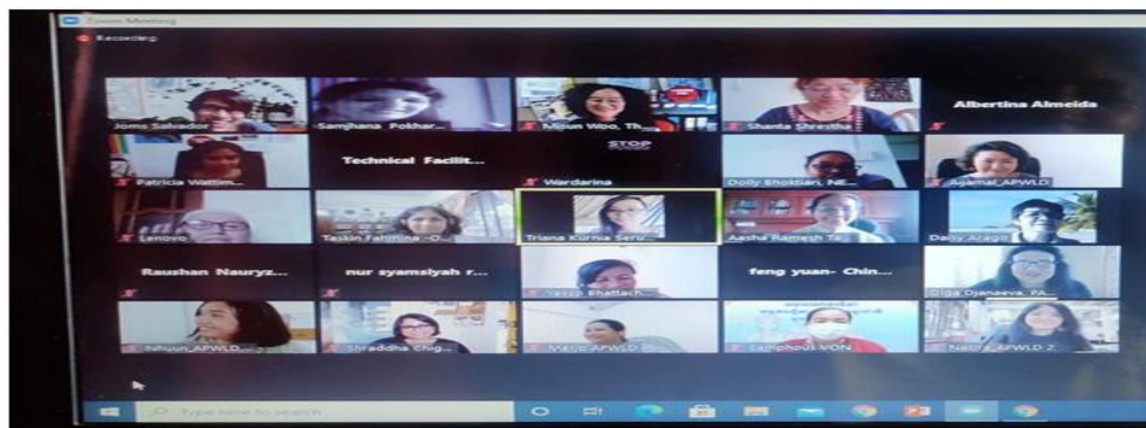
#### 2.6.2 International lobby / advocacy

International Day



a. Attending the program of Asia Pacific Forum on Women, Law & Development (APFWLD)

Chairperson Samjhana Pokaharel from Jagaran Nepal took part in a three day long General Assembly of Asia Pacific Forum on Women, Law & Development (APFWLD) from 21-23 July 2021. From Nepal 5 more participants had attended the program from different NGOs. The main objective of the Forum is to work on Asian women's law and development. The General Assembly elected the members for the new tenure and reviewed the strategies. The future plan and the program is supposed to get from them.



**Figure 13: Group photo of Pacific General Assembly**

The Regional Council has 21 members as follows: South Asia-5 Members, South East Asia-7 Members, Central Asia-4 Members, East Asia - 3 Members and Pacific Asia General Assembly - 2 Members





### **SECTION THREE: COVID Experience Sharing by Jagaran Nepal Board Members and Staffs**

#### **Some learnings and sharings of Covid 19 from the Jagaran team**

Meena Bista, Vice Chairperson



“Jagaran Nepal has been advocating on women’s issues for over two decades for their leadership and empowerment. With the same spirit it has been working during the humanitarian crisis like the earthquake 2015 and the world pandemic. Due to lockdowns, the physical activities were not possible but JN moved as per the situation.

Whenever disaster occurs the first victims are women, children and the senior citizens. So, the Covid 19 has hit all aspects of life and these mentioned groups need to be focused for faster relief. That's the reason JN has started working on different issues of women and youths.”

Shushila Shrestha, Secretary



“Women in rural areas were more vulnerable to the impacts of Covid-19 due to limited access to resources, higher illiteracy, and lower income.. To help the women in rural areas become more self-sufficient in these times of need, we can start by providing them the required training to learn new skills to bring in income for themselves. These skills could include making products such as candles, incense, soaps etc. which can be made at a low cost and can be sold from their home, or food items like pickles, noodles, Momos or Fruit juice which can also be produced at a low cost from their home and can bring in some extra income. Other skills might include Electronic repair, Knitting and Tailoring, Beauty parlor and make-up to name a few. These skills will be beneficial to them even after the pandemic is over.”



Leela Sharma, Treasurer



“The covid 19 has really confined us and taken us to different paradigms; physically mentally, emotionally, socially, psychologically and financially as well. It has definitely affected women a lot in many aspects. Wish all would be vaccinated soon and normal life would begin sooner. As we have been working on women’s issues our approach with small help along with other organizations is also helping a lot. Representing Jagaran Nepal, I take part virtually in different programs of Shanti Malika these days. Personally I feel the physical program is more effective than the virtual.”

Manisha Subedi, Member



“Like most working parents, for me too, there were already enough moving pieces to manage. lost close family members. We could not participate in their funeral. On the other hand, this sudden shift from classroom based to online learning for our kids, demanded an additional role – as a key learning agent between school and our children. Managing internet connectivity, finding sufficient spaces under the same roof while all the family members are engaged online, and back to back meetings, have been some of the key issues in this changed context.

During these last 1.5 years, I believe, PCR test, lockdown, quarantine, isolation, zoom, teams, 'you are muted' are probably some of the most used words. Use of masks and sanitizer has become integral to our daily lives. At a personal level, I found it most difficult when we were not able to participate when we were able to participate in a few online courses. One of most engaging and effective course has been *Managing Risk in the Face of Climate Change* organized by Wageningen University which was designed online to cater for participants mostly from



countries at high risk from climate change, which would have taken place physically either in the Netherlands or Thailand, in the absence of COVID. We organized our school reunion after 25 years online. And we have learnt to celebrate our festivals over zoom! In this connection and changing context definitely the women need to be empowered digitally even so that as the time they can move ahead.”

Sabitri Khatun, Board Member



“The Coronavirus has affected much of the country and our village too. We have been requested to wear masks, maintain social distance and to wash hands. Slowly People are aware. However, due to the pandemic the shops are closed, no businesses and people are facing problems paying back bank interest. Some domestic violence also is seen. Especially women who are facing problems. In my view, if regular seminars, workshops and counselling and awareness programs can be conducted virtually and physically as per situation the community would be educated more. However, we have no internet access.”

Anju Gaire, Board Member



“Due to Lockdown, the situation is worse at Dadeldhura. Everything is stagnant. We all are confined and due to this physical and mental health problems are seen in people especially in women. Virtual meetings and sharings somehow makes us feel fresh. Yet, we have no internet and data is also weak due to this. Attending the virtual program is also difficult for us.

Despite all this we need to be hopeful that the situation will be fine soon.



Pratiksha Basnet, Jagaran Nepal Biratnagar Branch



“ Jagaran Nepal, Biratnagar Branch, in collaboration and coordination with its Central Office Kathmandu along with the local organization has been working on the theme of Jagaran Nepal. However, the Covid 19 has really disturbed us. But then, sometimes physically while other times virtually we have been continuing our work to make the local women aware. I have received training on psychosocial counseling and I have learnt some tips to counsel women around me. This is just an example, though I am not a certified psychologist but after learning some tips I can handle myself, my family and I can share with others and counsel them. In my view, this can help and prevent people from being stressful. From this, I learnt that women should be given training on enhancement of skills that definitely helps to promote quality of life. Thus, after the Covid 19 we need to start such impactful activities as per women’s desires along with the leadership.”

Shreya Khanal, Program Coordinator



“During the pandemic, I got to learn many more things as a staff member. Remote working, coordinating the official tasks from home and keeping the official records were firstly full of challenges. But, the new working paradigm slowly became familiar to me. The close communication and working with technical advisor and president of Jagaran Nepal has guided me thoroughly during this process being more than any mentor to me. I thank both of them for



being the best support system. The learning and knowledge I have gained during this challenging time has really been arduous. Even though the working environment was safe following the COVID-19 prevention and social measures, it impacted many lives around me physically, mentally and socially. I hope people around will be safe and sound soon with the full vaccination against COVID19 and resume the activities and daily life like any other normal day. Best wishes to all the JN team members for the days ahead. ”

Sabita Mahat, Staff



“The first year of the Pandemic was terrific but now we are used to it too. We used to maintain social distance inside the home and that really created unnecessary stress to all family members. The lockdowns confined us inside the home only but sometimes virtual meetings used to refresh us. Now, the smart lockdown is going on and we are moving accordingly. But a slight physical hazard also adds to whether I have got the covid. However, I have received both doses of vaccine and psychologically I feel stronger. Anyway, to prevent this we need to wear masks, maintain social distances and we need to be alert with health and hygiene. And, vaccines are our right.”



## SECTION THREE: ORGANIZATIONAL STRUCTURE

### 3. Organizational Development and Institutional Strengthening (IS/OD)

#### 3.1 Organogram of Jagaran Nepal

#### 3.2 Organization Management

Jagaran Nepal has been conducting major interventions for organizational management. Those key interventions are :

##### 3.2.1 Staff Meeting

The staff meeting is held at the end of every month in the presence of the President and Immediate past president (IPP) with the aim of improving the working environment, charities in working areas and planning for new activity. It also helps for experience and challenge sharing during the work. Similarly, it helps to build cooperation, co-work and coordination within organization and target groups and areas as well.

##### 3.2.2 Executive Committee Meetings

To make the organization run in a dynamic and effective manner, the executive committee meeting is conducted on a quarterly basis. Apart from this, there is also a provision to call emergency meetings if needed. This is a legal body, which will work for policy formulation and monitoring its implementation.

##### 3.2.3 Annual General Meeting

Jagaran Nepal holds an annual general meeting every year. On the basis of the annual general meeting, in every three years executive board members will change. The needed policy, guideline , bylaws and program will be developed and approved by the annual general meeting.

##### 3.2.4 Strategic Plans of the Organization (2076-2079 BS)

Jagaran Nepal has been organizing programs, preparing annual plans and implementing them on the basis of these strategic plans. Strategic plans have been developed and implemented since the establishment of the organization. The last strategic planning was done for fiscal year 2075/76 and the programs and activities that followed were implemented accordingly.

##### 3.2.5 Policies of the Organization

Jagaran Nepal has developed its own policies that address specific needs and working areas of the organization. The policies and guidelines will be designed and developed and amended as per the need.

The name of new organizational policies is:

- Child protection policy



- Protection against Sexual Abuse and Exploitation Policy

The mentioned policy and guideline document will be amended as per the need of the organization and also the formulation of new laws and policy as per organization needs. All the guidelines and laws are similar with the Nepal government's laws and policy guidance.

**3.2.6 Organization Renewal:** As per Nepal Government rules and regulations, the Social Welfare Council - SWC and the District Coordination Committee/ local government, the organization will be renewed each fiscal year. Similarly, the organization will be renewed in national and international networks.

### 3.2.7 Advisory Committee and task Force Committee

For a long-term project, Jagaran Nepal has been formulating a project wise advisory committee and task force committee with the aim of implementing the project successfully. The main objectives of the committee are to monitor, guide , provide feedback and suggest for effective implementation of the concerned project as per need. The members of the advisory and task force committee were selected as per their area of expertise, where their expertise can contribute through the project implementation. Likewise, for the year 2021, two members were added in task force committee, Ms. Radha Paudel - women rights activists (expert in dignified menstruation) and Mr. Kumar Bhattari.

### 3.3 Various Publications

Jagaran Nepal has published

- Digital E Bulletin
- Digital Annual Report



SECTION FIVE: AUDIT REPORT

**Jagaran Nepal**  
Anamnagar, Kathmandu, Nepal  
**Balance Sheet as on 31st Ashad, 2078 (15th July, 2021)**

Particulars	Sch. No.	Current	Previous
<b>SOURCES OF FUNDS:</b>			
Accumulated Reserves		315,511.32	(1,097,639.42)
Capital Reserve	1	44,502.27	59,336.36
		<b>360,013.59</b>	<b>*****</b>
<b>APPLICATION OF FUNDS :</b>			
<b>Property, Plant and Equipment</b>	2	112,865.91	142,075.94
		<b>112,865.91</b>	<b>142,075.94</b>
<b>Current Assets, Loans &amp; Advances</b>			
Cash & Bank Balance	3	108,019.22	87,766.53
Advances	4	180,930.80	-
Deposit		30,000.00	30,000.00
		<b>318,950.02</b>	<b>117,766.53</b>
<b>Less: Current Liabilities &amp; Payables</b>			
TDS Payable		38,352.34	10,729.00
Expenses Payable		33,450.00	1,287,416.53
Other Payable			
		<b>71,802.34</b>	<b>*****</b>
<b>Net Current Assets</b>		<b>247,147.68</b>	<b>*****</b>
<b>Total</b>		<b>360,013.59</b>	<b>*****</b>

Significant Accounting Policies & Notes on Accounts 10  
Schedules are the integral part of these Financial Statements

Page 1





<b>Jagaran Nepal</b>				
Anamnagar, Kathmandu, Nepal				
<b>Income and Expenditures Statement for the gear ended Ashad 31, 2078</b>				
S.N	Particulars	Sch. No.	Current Year	Previous Year
<b>Incomes:</b>				
1	Strengthening women's participation especially from marginalized communities in local governance, decision making, elections and politics (SMARCO) Governance Facility		-	-
2	Livelihood Support & Advocacy Program in Shankarapur Municipality / Creating Resources for Empowerment (CREA)		-	-
3	Support to the Integrated Reconstruction in three Districts affected by 2015 Earthquake in Nepal (SIR)		-	-
4	Women's Representation and Leadership Development Project (WoRLD)		-	1,890,120.79
5	Upholding Rights of Minorities beyond Boarder - South Asia (IMADR Chhaupadi)		#####	2,906,445.77
6	Other Income	5	492,923.22	559,785.00
<b>Total Revenue (A)</b>			#####	#####
<b>Expenditures:</b>				
1	Livelihood Support & Advocacy Program in Shankarapur Municipality / Creating Resources for Empowerment (CREA)	6	-	779,774.00
2	Women's Representation and Leadership Development Project (WoRLD)	7	-	2,268,657.29
3	Upholding Rights of Minorities beyond Boarder - South Asia (IMADR Chhaupadi)	8	3,156,808.54	4,168,011.30
4	Office and Administrative Expenses	9	515,088.00	444,039.61
5	Depreciation	2	14,375.94	17,683.45
<b>Total Expenditures (B)</b>			#####	#####
<b>Surplus / (Deficit) of current gear (C) = (A) - Accumulated Surplus/ (Deficit) up to Previous gear (D)</b>			#####	#####
<b>Surplus / (Deficit) carried down to Balance</b>			#####	#####
Significant Accounting Policies & Notes on Accounts Schedules are the integral part of these Financial		10		

## Jagaran Nepal

Anamnagar, Kathmandu  
Fund Accountability Statement

For the period 16th July 2020 to 15th July 2021

S.N.	Particulars	GFW - Advocacy and livelihood / CREA	IMADR- Chaupadi	Institutional Fund	Total
3	Administrative Cost Expenses	-	-	450,088.00	450,088.00
4	Overhead Expenses	-	-	-	-
5	Depreciation Expenses	-	-	14,375.94	14,375.94
6	Balance Refund to Donor	-	-	-	-
<b>Total</b>		-	3,156,808.54	529,463.94	3,686,272.48
<b>D</b>	<b>Closing Fund Balance (A+B-C)</b>	-	188,125.93	127,385.39	315,511.32
<b>Represented By:</b>					
1	Bank	-	44,447.47	63,571.75	108,019.22
2	Cash	-	-	-	-
3	Advance and Receivables	-	180,930.80	30,000.00	210,930.80
4	Fixed Assets (Acquired)	-	-	68,363.64	68,363.64
5	Less: Payable	-	(37,252.34)	(34,550.00)	(71,802.34)
<b>Total</b>		-	188,125.93	127,385.39	315,511.32



## SECTION SIX: PHOTO GALLERY

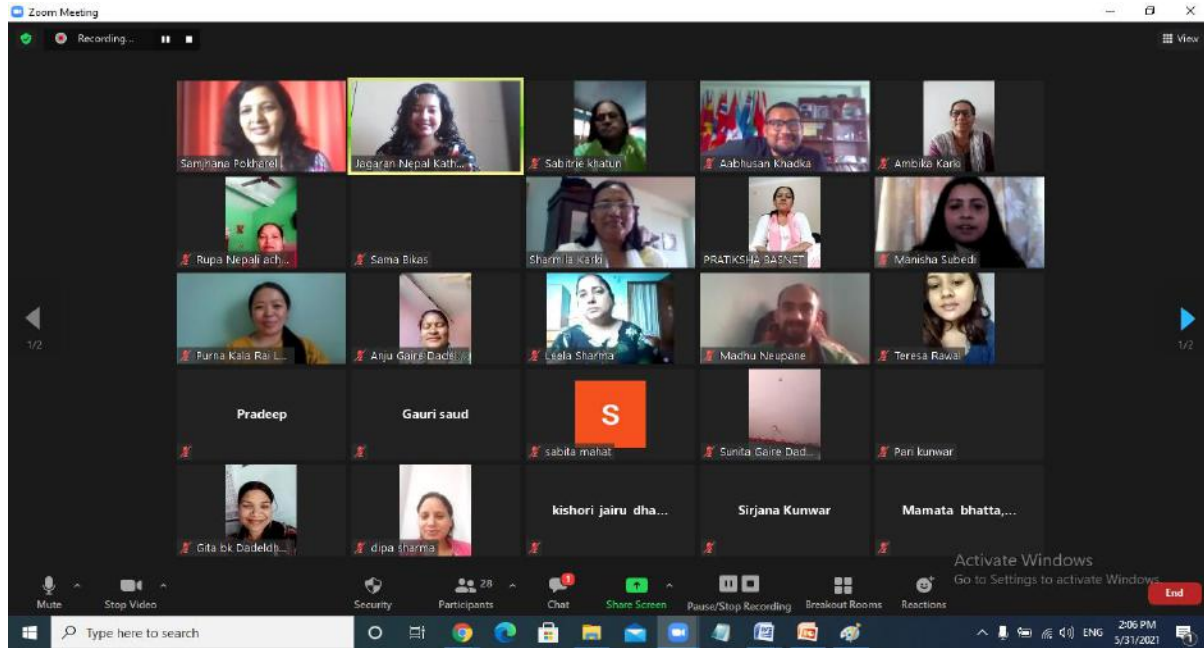


Figure 6.1: Group photo taken after the completion of Digital Security Training



Figure 6.2 : Inter- School Art Competition organized targeting March 8, 2021.

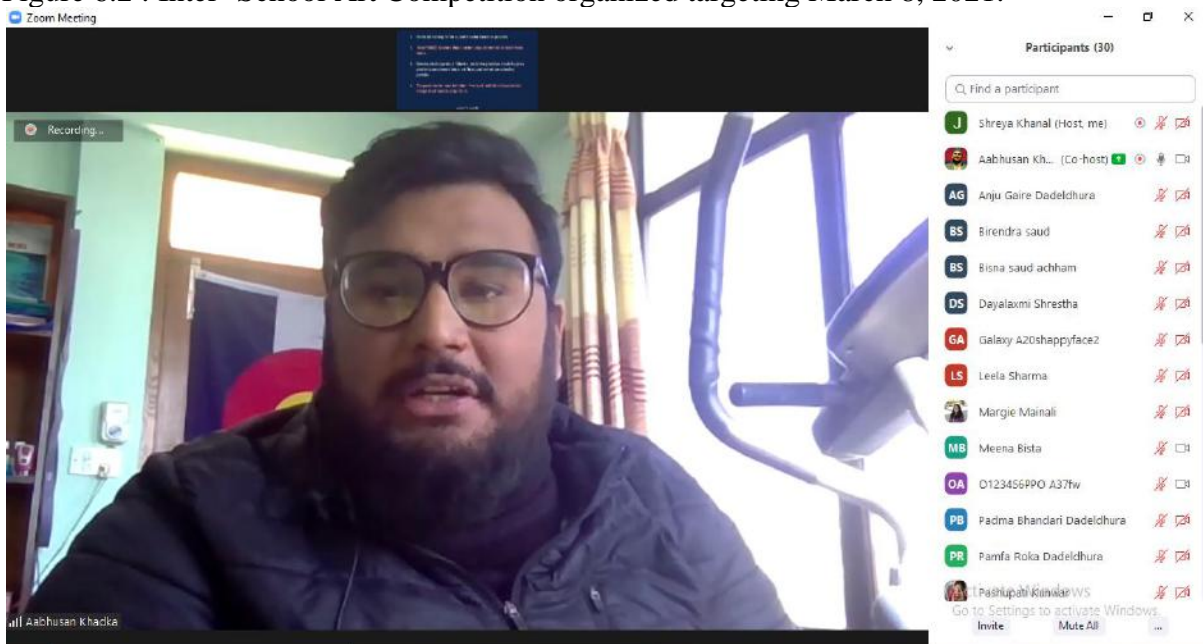




Figure 6.3: Facilitator Aabhusan Khadka presenting the results of Fact Finding Mission, one of the activities of IMADR project.



Figure 6.4: Group photo taken after the capacity building training.



Figure 6.5: WFDM members during the conversation with the chairperson of Janta Samajwadi Party Mr. Upendra Yadav



Figure6.6 : Group photo taken in front of women cooperatives during field visit in Morang District



Figure 6.7 : Group photo taken during the meeting with women cooperative of Morang District.

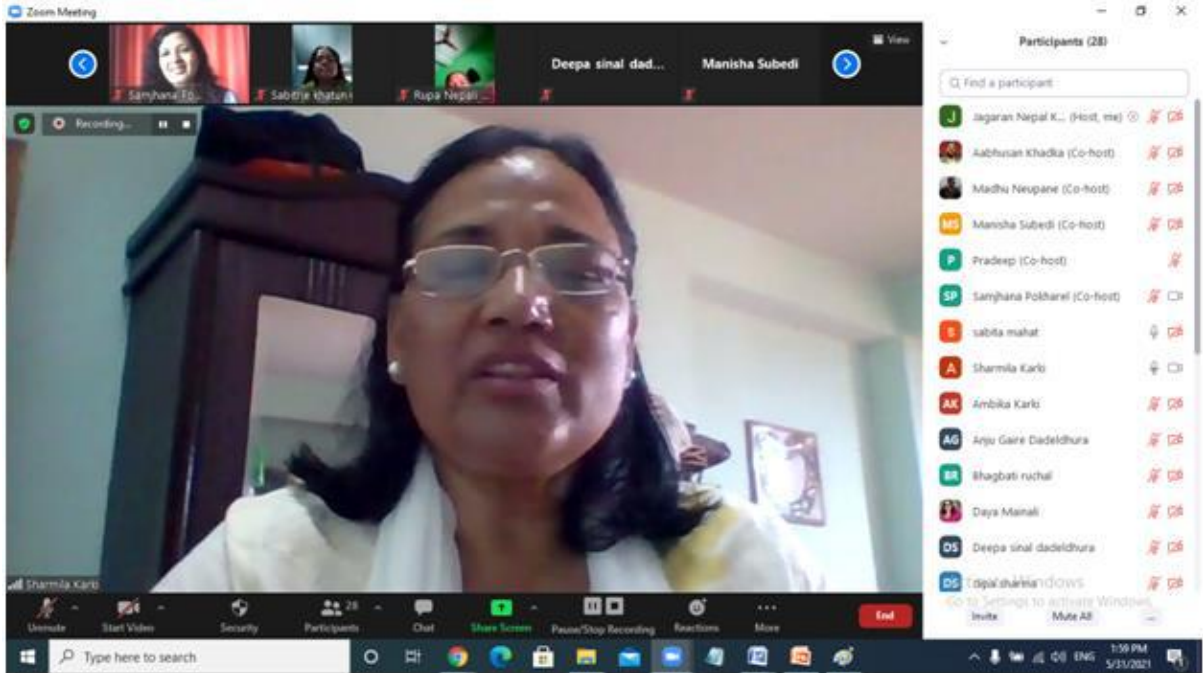


Figure 6.8: Founder chairperson/Technical Advisor- Sharmila Karki speaking during the virtual program of URMB project